

For our telekinesis to work properly we need to use energy to lift the thing up and move it around. for this to work well, we need to use our finger to point at it and then use our own energy to make it go upwards first of all. for this to happen, we need to observe what it means to fly as a 'gas.'

To fly as a gas, you need to be lighter than the stuff around you. for this to happen, it needs to become hot, or, the air around it needs to be hot. this means, of course, there might be need for slight radiation and stuff, yes? this can come by splitting atoms and stuff, or, by using light instead of a laser to split it, light from the sun, light from photons or even light from a torch or bulb.

So, if we want to make the object fly, we need to point at it and somehow make it hotter around the edges. to make it move around, we need to keep it hotter at the edge it moves towards - the direction. this will be like dropping a leaf onto a pond, and watching it move around - the current will make it move around, but it will also have a shape to keep it moving with the wind above the water, meaning, there are two factors affecting the movement of the leaf on the surface.

But, why do leaves go under sometimes? i would say this is because the leaf will be heavier than it should. how about placing a small stone on the leaf? this will result in it either 'getting a ride' or sinking, yes?

So, the stone is our object and the leaf is the hot area around the object, yes? the hot area will result in the air being cut by the heavier thing, and then it 'falls' into that space. using your finger to direct the object will result in you focusing a beam of heat from your cells onto the object to heat it up, as, all our stored energy is used to heat our bodies too, yes?

Of course, we have to actually get the air to heat up around the object. for this to happen, we need to focus on the object and

make it so that it, well, how do we normally heat things up? i suppose it could be the stress of the object, the kinetic energy 'flowing' towards it. are you familiar with emotional energy? are you familiar with the heat that can be sent out mentally? have you ever been in a room where there is no heat except the people in it, but it seems 'tense?'

How does tension come about? tension comes about by way of the people in the room affecting the energies with their breathing i suppose, so, we need to breathe out when we try to get the object to fly. in this case, we need to breathe out and focus on the object, and where we want it to be, and then also use our hands to direct it. maybe blowing onto our hands and the thing will work?

 Originally Posted

by <http://www.thestorymint.com/blog/suraya-dewing/use-varied-sentence-length-build-tension-and-after-3>

*The writer can get the reader sitting on the edge of the seat by using two techniques. One is to vary the sentence length and the other is to heighten description.*

So, we should sing songs we make up about flying or something, and then sing them, yes?

Heat through tension, what could be easier? maybe playing music, or listening to music that is about working a hard day or breaking up with someone, or, even better, orchestra music that is tense will help? you could play music even softly or sing the words or hum the chords to make it more 'tense?'

So, we know how it must move - by heating the area beyond where it wants to go - and we know how to 'make it hot.' this means we can just get a link between us and it, yes?

How do we do this? maybe we should try to touch the object first then pull our hand slowly away? this will leave a tell tale trail between us and the object, and, then there will be a particle line

between us and it.

Giving it a name will help. maybe a name of the lover in the song?

Or, we could imagine, as if we were in the matrix, a hyper link in programming to embed this object into our mind, yes?